Dateline

Published by the Franklin County Board of Developmental Disabilities "Helping people to live, learn and work in our community"

Staff's charitable giving goes up 11%

FCBDD's 2009 Combined Charitable Campaign was highly successful by any measure.

Staff members' donations and pledges totaled \$103,693, which amounts to an 11% increase over last year and a new agency record. The total raised exceeded the campaign's goal by 24.9% and surpassed the \$100,000 mark for the first time.

Commenting on the results, Superintendent Jed Morison said. "It

was fantastic that we raised so much, especially in a year when the economy is down."

Adult Services Director John Mitchem, who led the campaign, noted, "Our staff really stepped up. Their response was a direct result of the awesome job done by the department and building-level coordinators."

He also expressed special thanks to Cathy Hutzel for her help with campaign details. The Service Coordination Department led all departments in dollars raised, with a total of \$19,345. Hague Living Skills Center had the greatest percentage of participation with 97.1%.



Combined Charitable Campaign

Participants display talents at ARC West _____

ARC Industries West participants staged a talent show October 15th and welcomed a special guest, County Commissioner Paula Brooks.

Nearly 300 attended the event. They were treated to a wide range of acts, including singers, dancers and musicians.

A highlight was the performance of Melanie Feeney, who brought down the house with her singing of "The Greatest Love of All" and "I want to Dance with Somebody."

Speaking to the group, Commissioner Brooks praised the performers and the staff for their work. She also complimented the artwork produced by Studio West, which is housed at the facility.

Commissioner Brooks is well familiar with FCBDD, having served as a board member of the agency in the 1980s.

Franklin County Commissioner Paula Brooks and ARC West Director Jan Montgomery had a great view of the talent show.



included: Devin Lezama Jule Ann Seberia Heather Moore Debbie Washburn J. R. Cummings Terrace Williams Carmen Simpson Brandi Hackworth **David New** Shawnda Osswald Kelly Boggs Stephanie Newsome John Hemmer Karen King Mark Nuby **Beverly Rowe** Kenny Schrak Mark Harper Mike Flynn William Martin Doug Koellner Josh Brown Steve Segal Steve Birchfield

and David Foulds

Talent show contributors

Brochure on H1N1 available

As concern about the H1N1 virus has risen in recent weeks, FCBDD has issued a brochure to help you be prepared.

The brochure, titled, "What you need to know about H1N1," is intended to provide basic information and resources for obtaining more details.

Why you need to know

It is important to know about the different flu viruses currently in circulation, their risks, and what you can do to protect yourself and the people you care for. There are everyday steps you and your loved ones can take to help protect yourselves against infection from flu viruses, and there are steps you should take if you become infected.

The H1N1 virus is a new influenza virus that was first detected in the spring of 2009; it subsequently spread to many countries around the world. In July 2009, the World Health Organization declared the H1N1 virus a pandemic, meaning it is causing wide-spread human illness. According to the Centers for Disease Control (CDC), influenza activity continues to increase in the United States every week.

Preventing the flu in the first place

The most critical part of avoiding an epidemic of flu is prevention. There are several common-sense steps everyone can take to help prevent H1N1 and seasonal influenza:

- Wash your hands or use alcohol-based hand sanitizers when soap and water are not available.
- ► Get a seasonal flu shot.
- Stay home from work or school if you are sick.
- ► Cough or sneeze into your sleeve.
- ▶ Do not touch your eyes, nose or mouth.
- ► Avoid close contact with sick people.
- ► Get an H1N1 vaccine when it's available

Recognizing symptoms

H1N1 (Swine) Flu
Same as seasonal flu, but symptoms
may be more severe.
Fever
Coughing and/or sore throat
Runny or stuffy nose
Headaches and/or body aches
Chills

In addition to the above symptoms, a number of H1N1 flu cases reported: Vomiting Diarrhea

Fatigue

Vaccination

An H1N1 vaccine is currently being developed and is expected to be available to priority groups in mid-October. Limited quantities of the H1N1 vaccine will be offered to:

- · Pregnant women.
- · Healthcare workers and emergency medical responders.
- People caring for infants less than 6 months of age.
- Children and young adults age 6 months to 24 years.
- People ages 25 to 64 years with underlying medical conditions (e.g. asthma, diabetes).

School or Adult Services Closures

We are not anticipating school or adult service closures unless circumstances result in severe staff shortages in our buildings or unless it is advised by the Health Department.



The text of the brochure is shown at the left.

Flu spreads from one person to another by coughing or sneezing. You can help reduce the risk of infection by washing your hands frequently, avoiding touching your eyes, nose and mouth, and avoiding close contact with sick people.

For additional copies of the brochure, please call Frank New at 342-5972.

Fashion show a hit at ARC West by Colleen Ziemba

The aura of Fashion Week in New York was present at ARC West on Thursday, October 15th, as the runway came alive with haute couture! 17 fashionistas presented the hottest looks from formal and bridal attire to the most comfortable casual attire.

Show participants included Brandi Hackwork, Terrace Williams, Kelsey Andrews, Pam Horton, Shawnda Osswald, Mary Nell Rankin, Carmen Simpson, Ebony Baccus, Troy Thompson, June Anne Sebring, Becky Scott, Marianne Crepeau, David New, Trenet Minor, Heather Moore, Donna Heflin and Sarah Justice.

A great deal of hard work went into the show beginning with initial direction from fashion model, Sophia Moore (fiancée of ARC West training assistant Scott Smith). The ARC West models learned to pose, walk and "work" the runway. Special hair styles and make-up along with fashion accessories were presented with the fashions.

Many staff members worked to get the show on the runway, including, Tasha Bolton, Pat Williamson, Tom Jude, Colleen Ziemba, Jeanette Whorley, Angel Carter, Phyllis Armstead, Julie Cecchetti, Lalithia Narayanan, Ed Creviston and Doreen Bailey.

Please see photos on page 5 for a look at the fashions and models.

In memoriam Donna Gillilan

FCBDD Administration staff lost a much loved co-worker on October 25th. Donna Gillilan, Medicaid Support System Manager, passed away after a long and courageous fight with cancer. Donna worked with the agency for 21 years and touched the lives of many staff, parents, consumers and providers.

A native of McArthur, she loved the farm animals and hills of southeastern Ohio. She was a devoted wife, mother, grandmother and friend.

Donna was survived by her husband, Rick, daughters, Heather (Michael) Leffler of Gahanna and Elizabeth (Troy) Naranjo of Colorado; 3 grandchildren, 3 siblings, and many other relatives and friends.

A lesson from the greatest generation by Martin Kerscher

Honor Flight Columbus is a nonprofit organization that provides veterans free trips to Washington, D.C., to visit the memorials. This past summer, the group treated former FCBDD staff member Pat Blum to a trip.

Pat retired from the agency in 1988 after more than 19 years of service. As a secretary at Administration, she was well known for her mastery of English usage. She also demonstrated a remarkable ability to track down obscure facts and figures, which was not easy to do in those pre-internet days.

Pat always looked for ways to economize. When given a long typing assignment, she would adjust the margins on her typewriter so as to fit more words on each page. By this means, she not only saved paper, but reduced copying and postage costs as well. "Waste not, want not," was her motto.

Few of Pat's coworkers even knew that she had served in the Women's Army Corps, but she did from 1943 to 1945. Like so many who were in the armed forces in World War II, Pat rarely mentioned it, having the attitude that she simply fulfilled her duty, and thus had no reason to brag.

To many of us, Pat typified her generation, the men and women born between 1914 and 1929. They have been

called "the Greatest Generation" by journalist Tom Brokaw. It is a bold claim, but difficult to dispute.

They grew up during the Great Depression, the worst financial crisis in U.S. history. By 1945, over 400,000 of their members had lost their lives in the war while another 600,000 were wounded. After conquering the Axis powers, they returned home and devoted themselves to their families, their work, and their communities.

One example of their postwar accomplishments is our community-based service system for persons with developmental disabilities. Indeed, our agency owes its very existence to their determined efforts in the 1950s and 1960s.

We of later generations can learn a lot from the members of the Greatest Generation. Their core values -- modesty, frugality, self-discipline, hard work, and devotion to a cause larger than one's self -- are old but true. We would do well to make them our own.

At 87, Pat Blum lives with her husband, Dave, in a cottage at the Madison Senior Living Community in London. Despite mobility limitations, she continues to contribute to her community by picking up litter and removing spent blossoms from flower beds. She does this by using a grasping tool while driving an electric scooter.

Conference features Somali culture

The Multiethnic Advocates for Cultural Competence (MACC) held their 6th Annual Statewide Training Conference October 1st and 2nd. The theme was "New Shores: Health and Social Service Messages for Emerging Populations" featuring the Somali Culture.

Conference sponsors included Charleta Tavares, MACC Executive Director, and John O'Grady, Franklin County Commissioner.

FCBDD was represented through a display and information table hosted by Liibaan Ismail, Chief Executive Officer, Metro Transportation, Inc., and Jack Brownley, Director of Schools and Special Programs. Literature developed on Early Childhood, Schools, Adult Services, and Service Coordination, was made available in both English and Somali languages. Questions were answered, and guidance on accessing services in the agency was provided.

The conference was well-attended and many issues affecting the growing Somali community in Columbus were addressed. FCBDD serves many families, employs many



From left are Director of Schools and Special Programs Jack Brownley, Director of Psychological Services Dr. Joe Edwards, and Liibaan Ismail CEO of Metro Transportation, Inc.

staff, and contracts with many businesses who have Somali heritage.

Special Olympics rolls out the red carpet

The 2009 Special Olympics Banquet was a very successful event this year. It took place on Sunday, October 11th. More than 400 athletes, coaches, volunteers, and family members attended.

After dinner, Ryan Phillips recognized all athletes and coaches by announcing their names and inviting them to walk "the red carpet." Everyone walked with pride while some showed off for the camera. There was loud applause and many high fives were given. Each athlete received a gift of a baseball cap with "Flyers" embroidered on the front, as well as a gray or pink beanie hat.

Once introductions were complete, the dancing began. The DJ, Mark Posner, played music that everyone could dance to and sing along with. As the music got louder, the banquet was turned into a dance party. With smiles and laughs all around, the banquet came to a close.

For more information, please call Ryan Phillips at 342-5984, visit www.franklincountyflyers.blogspot.com, or search Facebook Franklin County Special Olympics.

Taking his place on the red carpet is Colton Showalter as Ryan Phillips readies an award for the next participant. Photo by Casey Phillips.



In memoriam Evelyn Meyers

A funeral service was held at Newcomer Funeral Home on September 28th for Evelyn Meyers, who passed away on September 23rd. Evelyn worked as a bus driver for FCBDD from 1973 to her retirement in 1986. Big-hearted, plain-spoken, and a good listener, she made many friends among co-workers, families, and individuals served. She loved helping people with disabilities, and remained active with the agency as a volunteer until her death. She was especially devoted to the Community Star Awards Program and ARC West's chapter of the Red Hat Society. She also organized monthly breakfast gettogethers of retired bus drivers.

Evelyn was survived by siblings Frank Meyers, Jr., David Meyers and Carol Wonders, as well as many other relatives and friends.

Siblings to gather

The 9th annual Ohio Adult Sibling Conference will be held Friday, November 6th, and Saturday, November 7th at the Marriott Airport Hotel in Columbus.

The purpose of the conference is to create an environment where adult siblings can gather together and share family experiences, develop new relationships, obtain information and be recognized as integral parts in their families' success.

Conference attendees from across Ohio have had the opportunity to hear presentations from state and national disabilities professionals, meet other adult siblings, and explore areas of interest.

Under the direction of Dr. Tom Fish of The Ohio State University Nisonger Center, and supported by many organizations including the Ohio Developmental Disabilities Council, the Ohio Adult Sibling Conference was the first event of its kind in the country. It has also been used as a model in other states.

Please visit www.ohiosibs.com for more information, or call Dr. Tom Fish at 292-7550.



Good For You

Notable achievements in the FCBDD community

On October 2nd, Latasha Johnson, Claudia Ross, and Kurt Schmitter appeared on "Daytime Columbus," the TV4 show hosted by Gail Hogan. The trio took the occasion to pitch ARC Industries' new document scanning service.

Carl Scott and Mary Martin coordinated another successful blood drive at Administration on October 9th. Thanks to the generosity of staff, 27 units of blood were collected for the Red Cross.

Creative Housing has completed its newest fully accessible apartment building. It is located on Cooper Road in North Columbus. This is the seventh fully accessible apartment development in partnership with the Franklin County Board of Developmental Disabilities and the U.S. Department of Housing and Urban Development. Additional funding was provided by the Henry E. Coyle Fund of the Columbus Foundation and the Ohio Community Development Finance Fund.

Winners were selected in the Combined Charitable Campaign Prize drawing. The flat screen TV went to Joshua Marriott of the Employment Services Department. Autographed Rascal Flatts t-shirts went to Ted Carpenter, Hague; Nancy Karr, Early Childhood; and Terri Jones, Service Coordination. Other prize winners were Annette Ammerman, Jack Akins, Erica Anderson, Debbie Schafer, Kurt Schmitter, and Jodi Zill, Employment Services; **Erick** Berquist and Charles Skeen, ARC North; Maise Batchler, Mary Belfante, Elizabeth Dies, Brenda Isenhart, Vickie Steffan, and Latonia Wells, Service Coordination; Tammy Fields and Linda Rockwell, Administration; Debbie Koons and Sue Smith, Early Childhood: Don O'Brien, ARC West: Lynn Robinson, West Central; and Angela Ray, Psychology.

Career Milestones

30 years becca Cottern

Rebecca Cotterman Cheryl Ziverts

25 years
Donald O'Brien

20 years
William McKind
Jennifer Schneid
Belinda Shope
Pamela Vasiloff

15 years
Albert Bain
Vivian Bloch
Gertrude Cunningham
David Ellis
Dana Harding
Carol Huntzinger
Vicki Steffan

10 years Lisa Taylor

5 years

Derri Baumbusch Sheneta Bennett Amanda Fessehazion Sarah Foust Kevin Jones Michael Jones Cynta Williams

ARC West's fashion models



Becky Scott

David New

All photos by Julie Cecchetti.



Trenet Minor





Troy Thompson
Kelsey Andrews

5 11 - 2009

Drive safely this winter

With winter fast approaching, FCBDD Transportation Director Paul Chenderlin is passing along some safe driving tips.

When roads are snow-covered or icy, reduce your speed. Driving in the winter is much different than driving in any other season of the year. No matter what road or weather conditions are encountered, a slower speed is necessary for safe handling of your vehicle.

Be sure that your vehicle is in good operating condition. Lights, brakes, windshield wipers, defroster, radiator, and other

Boards convention set

The annual convention of the Ohio Association of County Boards will be held Wednesday, December 2nd, through Friday, December 4th. The location will be the Hilton at Easton.

The convention will feature several tracks that will allow attendees to participate in diverse sessions. Tracks will include housing, service and support administration, adult services, self-advocacy and major unusual incidents. For more details, please visit www.oacbdd.org

Dateline -

The Franklin County Board of Developmental Disabilities

Jerry Saunders Helen Ninos Dean Fadel Galen Stover Lito Ramirez Renee Stein Jean Williams

Superintendent Jed W. Morison

The Franklin County Board of Developmental Disabilities does not discriminate in employment or services on the basis of race, color, creed, sex, national origin, or handicap.

The following staff contribute to the monthly publication and distribution of Dateline.

Jed W. Morison Carl Scott Martin Kerscher Michael Davis Amt Maginnis Jennifer Cunningham

News releases, story ideas, and suggestions should be sent to Martin Kerscher at:

2879 Johnstown Road Columbus, Ohio 43219 (614) 475-6440 FAX 342-5001

Information about the Franklin County Board of Developmental Disabilities is always available on the internet at:

www.fcbdd.org

parts of the car should be in perfect order, particularly for winter time. Snow tires are a good precaution.

Keep a vent or window slightly open. This will help the windshield remain clear of fog and also guard against possible carbon monoxide buildup.

Shaded spots on the highway will hold frost and ice while other portions of the pavement are dry. The same is true of bridges, which will hold frost and ice while the rest of the road may be safe. In the winter, it is often necessary to stop suddenly.

To prevent skidding, intermittently apply light pressure to the brakes (Anti-Lock Brake Systems do not require pumping). This pumping action will reduce momentum without losing traction and without locking the brakes.

Calendar _____

November, 2009

- 3 Election Day please vote!
- 4 Community Star Awards at Villa Milano call 342-5950 for details, 6:30 p.m.
- **10** Franklin County Residential Services Board of Trustees meeting, 1021 Checkrein Ave., 11 a.m.
- 11 Veterans' Day all county facilities closed.
- **18** Parent League meeting, 2879 Johnstown Road, 9:30 a.m.
- **19** FCBMRDD Finance and Human Resources Committees meeting, 2879 Johnstown Rd., 4 p.m.
- **19** FCBMRDD Board meeting, 2879 Johnstown Road, 5 p.m.
- 21 Ohio State Buckeyes vs. Michigan Wolverines, Ann Arbor, Michigan. GO BUCKS!
- **23** ARC Industries Board of Trustees meeting, Fawcett Center, 11:30 a.m.
- 26 Thanksgiving Day all county facilities closed.
- 27 Thanksgiving Recess Early Childhood, schools and adult facilities closed.

"Quotable quotes"

"Stand up to your obstacles and
do something about them.
You will find that they haven't half the strength
you think they have."

-- Norman Vincent Peale