 PIECE Project is a great success by Kurt Smith

The PIECE Project wrapped up its 2016 session with a closing ceremony and celebration at the OSU Ross Heart Hospital auditorium on August 10, 2016.

PIECE, which stands for Pre-Vocational Integrated Educational and Campus Experience, is a collaborative education and internship project developed by The Ohio State University/Nisonger Center and the Franklin County Board of Developmental Disabilities (FCBDD). The project, in its second year, is designed to provide integrated and community-based job skills training to adults served by the Franklin County Board of DD, and community support skills training for FCBDD staff.

Fourteen adults and twelve staff from all five FCBDD adult services facilities came together this summer for the 6-week project and each week spent two days at paid internships in campus/community settings and one day at OSU in a classroom setting processing experiences from the week and learning new skills.

This year’s project featured a wide variety of internships at sites all around the OSU Campus such as The Fisher College of Business, The Department of Art Advising Office, Atwell Hall and The Nisonger Center, the OSU RPAC (Recreation and Physical Activity Center) and the Schoenbaum Family Center kitchen and library as well as off campus partners Community Computer Alliance and Straders Garden Center. People arrived on campus in cabs, vans and cars and got a great feel for employment in the community as well as a good dose of campus fun on tours, eating lunch and playing basketball at the Recreation and Physical Activity Center.

Continued on page 2

“R” word removed from O.R.C.

Governor Kasich has signed into law a bill that will remove the term mental retardation from the Ohio Revised Code (O.R.C.).

House Bill 158, which passed both the Ohio House of Representatives and Ohio Senate unanimously, will replace the term "mental retardation" and its derivatives with the term "intellectual disability." The term "mentally retarded person" will be changed to "person with an intellectual disability."

This follows action taken in 2009, when Governor Strickland signed into law a bill that removed the term Mental Retardation from the names of County Boards of Developmental Disabilities and the Ohio Department of Developmental Disabilities.

Diana Mairose, self-advocate from Hamilton County attended Governor Kasich's press conference and said "words are worth much and cost little."

While full implementation of this new law is expected to take some time, it is clear that the "R" word is slowly but surely leaving our vocabularies and will be replaced with more respectful terms.
**Mental Illness Awareness Week - October 2-8**

The first full week of October is Mental Illness Awareness Week to raise awareness of mental illness.

A mental illness regularly disrupts a person's thinking, feeling, mood, ability to relate to others and function. However, with early intervention and proper support and treatment, outcomes can be improved.

Mental illness is a topic no one wants to talk about. However, the silence can be lethal. Here are some facts:

- Mental Health is a part of overall health.
- One in five adults experiences a mental health problem in any given year.
- Early identification and treatment can make a difference in successful management of mental illness and recovery.
- Every person and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help.

Decades ago, cancer was a topic that was avoided - lack of knowledge and understanding, along with an unwillingness to confront the issue prevented people from opening up. Thanks to many, we now speak more openly about cancer. It's time for society to follow suit with respect to mental health. Together, we can challenge the stigma - we can fight back.

During Mental Illness Awareness Week on October 2-8, join NAMI (National Alliance on Mental Illness) in shining a light on mental illness and replacing stigma with hope.

If you or someone you know may need a mental health assessment, anonymous online tools are available. For National Depression Screening Day on October 6th, you can get a free mental health screening at HelpYourselfHelpOthers.org.

For more information, go to www.nami.org.

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**In memoriam**

**Bob Perske**

Bob Perske, champion of the rights of people with disabilities passed away on August 14th at the age of 89.

Bob authored 16 books concerning the rights and quality of life of people with intellectual and developmental disabilities. His wife, Martha edited and illustrated the books.

Prints of Martha Perske are on display at the Franklin County Board of Developmental Disabilities (FCBDD) administrative building and the FCBDD logo includes an illustration from Martha Perske.

Mr. Perske is survived by Martha and their five children.

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**PIECE project... continued from page 1**

Donna, a participant from ARC North said “I never thought I would love it so much, the classes helped me learn so much and to mature”. The PIECE Project closing ceremony featured multi-media presentations by each participant describing things they had learned throughout the summer project as well as their goals for the future. Several expressed a desire to look for community employment and one person was even handed an application for employment by his internship host on the last day of the project.

The closing was attended by several proud family members, internship site staff, OSU staff and administrators as well as several leaders from the FCBDD including Superintendent Jed Morison who opened the program with a hearty O-H-I-O. Congratulations 2016 PIECE Project participants.
5K event brings hundreds

Over 300 joined the fun at the 5K "Discover Your Abilities" event held on Sunday, September 11th for the benefit of FCBDD Special Olympics.

Participants included young children, senior citizens, walkers and competitive runners and a special visit from Brutus Buckeye to congratulate the participants.

Monica Day, WCMH-TV4, welcomed all of the participants before asking for a moment of silence to commemorate 9/11. The Cyril Scott Pipe Band provided a moving tribute to first responders.

Special thanks to the FCBDD Wellness Team, and lead sponsor United HealthCare and all the volunteers, sponsors and participants.

It was a terrific day!
Joyce Scott visits ARC West

Joyce Scott, Author and sister of renowned artist, Judy Scott, recently paid a visit to ARC Industries West and Sunapple Studio West.

Joyce has written a book about her twin sister, Judy, who has Down Syndrome. The book, titled "Entwined" describes Judy’s life and her extraordinary creations that are now on display around the country. Judy uses yarns and other objects to create colorful and unique sculptures.

Following Joyce's presentation to the Sunapple artists, she visited their studio to see some of their artwork. She was impressed with the creativity and diversity of the artwork that has been created.

Copies of Joyce’s book can be purchased through Beacon Press at beacon.org or through Amazon.

OSU Nisonger receives grant

The Centers for Disease Control and Prevention (CDC) awarded a $1.5 million, 5-year grant to The Ohio State University Nisonger Center in partnership with the Ohio Department of Health, University of Cincinnati University Center for Excellence in Developmental Disabilities, and the Ohio Colleges of Medicine Government Resource Center.

The grant will support a project that aims to improve inclusion and accessibility to state-based public health programs and reduce health disparities for Ohioans with mobility limitations or with intellectual disability.

“People with disabilities face health disparities, including increased risk of cardiovascular disease and associated conditions. This award gives us the opportunity to improve the lives and health of Ohioans with disabilities,” said principal investigator Susan M. Havercamp, PhD.

The project, funded by the CDC, will address these disparities through training and education in nutrition, physical activity and tobacco cessation. The project team will collaborate with community organizations to make this work possible, including the Centers for Independent Living, Local Matters, and Franklin County Residential Services.

Center for Disability Empowerment presentation

Sue Hetrick, Executive Director of the Center for Disability Empowerment, recently presented to Senior Management staff of the Franklin County Board of Developmental Disabilities.

The Center, located in Columbus, provides supports and resources in order for people with disabilities to be participants and contributors in their communities as they live, learn, worship, work and play alongside people who do not have disabilities.

Sue provided an overview of how the Center started and an explanation of the services provided. Services include information and referral, independent skills training and community connections, transition services, advocacy, personal care assistance and technical assistance.

For details on the Center for Disability Empowerment, call (614) 575-8055 or visit www.disabilityempowerment.net.

Senior Housing

Congratulations to Creative Housing, Inc. for securing future use of 6 accessible apartments in a 64 unit apartment building for Senior Citizens.

This Low Income Housing Tax Credit Development is a partnership with HOMEPORT.

The building will be located in Whitehall. Construction began in late August. All tenants must be at least 55 years old.

PROJECT STIR TRAINING
October 24-27
Project STIR Training at Worthington Holiday Inn.
For details, please contact Dana Charlton at (614) 563-0788.
Franklin County participants, please contact Crystal Schneider at 614) 342-5545.
Good for you
Notable achievements in the FCBDD community

Congratulations to the ARC West and ARC North participants and thanks to the Bethel Road Outback Steakhouse on the successful internship.

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Congratulations and thanks to the Wellness Team for coordinating the 5K Run, Walk, Roll for Special Olympics.

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Congratulations to ARC Industries on a successful CARF Survey. Final results are expected to be positive. Special thanks to the staff who coordinated all the details.

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Congratulations to Nancy Sommer for 30 years of service, Nina Lechleiter for 20 years, Lee Childs and Darleen Hayhurst for 15 years, Silicia Hedges, Rita Hopson, Lois Lindsey, Kristoffer Potridge, Nancy Stewart (August), Anne Tipton, and Adrian Tolbert for 10 years, Shannah Risor, Monica Klein, Latonya Johnson, Penny Keyes (September), and Karen Reynolds for 5 years.

Career Milestones

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Congratulations to Laura Mongold, Early Childhood Education staff member, for being appointed to a committee to make recommendations to the Ohio Department of Health and the Governor’s Office of Health Transformation on their development of Ohio’s State Health Improvement Plan. Laura will serve on the work team that focuses on Maternal and Infant Health, which will include discussion of early childhood and home visiting programs and infant mortality.

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Congratulations to Aaron Elman for representing Franklin County and Ohio at the MLS (Major League Soccer) All-Star soccer game. Aaron played in the Unified Special Olympics game during All-Star week in San Jose, California. His coach and unified soccer partner was Emily Schultz.

Research project recruiting participants

The Ohio State University Autism and Child Language Learning Lab is recruiting participants for research related to language development in users of Augmentative and Alternative Communication devices.

Participation will include filling out a brief survey card and visits to home or school. Children will participate in some testing and an experiment about word learning.

Participants should be two to five years old and can be children with or without autism spectrum disorder.

For details, call (614) 292-5664 or email tacl-lab@osu.edu.
Prader-Willi camp

Registration is open for the PWSA of Ohio Fall weekend Camp, October 14 through 16th.

The camp is held at Recreation Unlimited in central Ohio. The entire weekend - food, activities and camper safety is planned around the needs of those with Prader-Willi Syndrome (PWS). The staff and volunteers are well versed in the syndrome.

This is a chance for the child or adult with PWS to spend time with others who have the syndrome and for parents/caregivers to have a few days of respite.

For additional details or registration information, contact Sandy Giusti, Camp Coordinator at (614) 876-1732 or at juicete@aol.com.

Calendar

5 Community Star Awards banquet at Villa Milano, 1630 Schrock Rd., 5:30 p.m. Please call (614) 342-5950 for details.

5-7 Synergy Conference, Dublin Embassy Suites, 5100 Upper Metro Pl., sponsored by OSDA/PAR. For details, please go to www.synergyohio.org.

10 Columbus Day - all county facilities closed.

14-16 Prader-Willi Camp, Recreation Unlimited Central Ohio. For details contact Sandy Giusti, Camp Coordinator at (614) 876-1732.

17 ARC Industries Board of Trustees Retreat - please call (614) 342-5734 for details.

19 Family Support meeting, 2879 Johnstown Rd., 10:00 a.m. Meeting is open to all family members.

24-27 Project STIR Training at Worthington Holiday Inn. For details, please contact Dana Charlton at (614) 563-0788 or for Franklin County participants, please contact Crystal Schneider at (614) 342-5545.

27 FCBDD Self-Advocate Conference at Xenos.

27 FCBDD Finance and Human Resources Committees meeting, 2879 Johnstown Rd., 4 p.m.

27 FCBDD Board meeting, 2879 Johnstown Rd., 5 p.m.

31 Happy Halloween!

2016 Synergy Conference

The 2016 SYNERGY Conference will be held on October 5-7th at the Embassy Suites Hotel in Dublin.

The Conference is jointly sponsored by PAR (Professionals, Advocates and Resources) and OSDA (Ohio Self Determination Association). Breakout session topics include: Human Trafficking, Creative Transportation, Partners for Community Living, Reducing Stress, Housing, Treatment for Sex Offenders, Autism, Juvenile Court, Holistic Health, Guardians, Person Centered Planning, Technology, Employment, Leadership, and more.

For additional details or to register go to www.synergyohio.org or call (614) 846-5530.