

## Board salutes ADA's 20th year



This month marks the 20th anniversary of the signing of the Americans with Disabilities Act, and the Franklin County Board of Developmental Disabilities is using the occasion to reaffirm its commitment to nondiscrimination.

On July 26, 1990, President George H.W. Bush signed the landmark legislation prohibiting discrimination on the basis of disability. This followed approximately five years of intensive work by legislators, persons with disabilities and other concerned citizens.

The board has adopted a resolution recognizing "the progress that has been made," as well as "recommitting our efforts to reach full compliance."

Board President Helen Ninos hopes that members of the FCBDD community will "take time to reflect on the positive impact of the ADA, and just as importantly, what steps still must be taken to achieve full equality for persons with disabilities."

*Franklin County Board of  
Developmental Disabilities  
President Helen Ninos*

## Board OKs membership in ARC of Ohio

Hoping to realize savings on the cost of some frequently purchased items, the Franklin County Board of Developmental Disabilities has approved a proposal to join the ARC of Ohio.

By doing so, the agency will gain access to a new group purchasing program for itself as well as persons served by FCBDD and staff.

*Empowered Group Purchasing* was created by the ARC of Ohio in partnership with the Foundation For the

Challenged. The program has been compared to "a discount club without walls."

Discounts are available on medical supplies, durable medical equipment, school and office supplies, home improvement items, and many other goods and services.

To participate in the optional program, individuals served by FCBDD would pay an annual fee of \$5 while FCBDD staff would be charged an annual fee of \$25.

Representatives from *Empowered Group Purchasing* will be providing further information about the program soon.

An advocacy group founded over 60 years ago, the ARC of Ohio promotes human rights, personal dignity and community participation of persons with developmental disabilities.

## Readers comment on terms of reference

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Last month, *Dateline* invited readers to share their opinions as to the preferred term for people who receive agency services.

Fifteen readers responded, and while all agreed on the importance of respectful language, many differed as to which term is best.

A sampling follows.

*"I refer to my work group as 'employees.' Those who work in school settings can call their folks 'students.' It is no different from how we might be referenced."*

"As far as what might be the best generic term to apply to all the individuals served... I had not

previously been aware of the term 'service recipient,' but that one does seem to work as an umbrella term."

*"I prefer the terms 'participant' or 'service recipient.' I can't explain why, but I've always disliked 'client' and 'consumer.'"*

"I prefer 'client.' It is short, to the point, has no dependency connotation, and is easy to spell."

*"I prefer 'participant' as it is an active word, showing that people who receive services are engaged in the services, not just passively 'consuming' them. 'Program participant' and 'service participant' are also good..."*

"When I think of a 'consumer,' I think of the stereotypical fat American who stuffs his face with potato chips..."

"I like the term 'consumer.' It is helpful that we refer to folks using the same term as is used in the database..."

"My daughter had no idea what 'client,' 'consumer,' or 'enrollee' meant, so we both landed on 'participant' after I explained them all."

*"I have always felt weird referring to 'client' or 'consumer'... We have titles such as training specialist and so on. If we truly believe in our mission statement, let's give them a title that they can be proud of."*

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## OSDA conference planned for September

The annual conference of Ohio Self-Determination Association (OSDA) will

be held on September 20th and 21st at the Doubletree Hotel in Worthington.

This year's theme is *Celebrate the Fire Within*. Speakers include former Ohio State football player, Tyson Gentry, and body builder Nick Scott. Governor Ted Strickland and Republican Candidate John Kasich, and Ohio Department of Developmental Disabilities Director John Martin have been invited.

Topics will include social networking, home ownership, and Project Stir.

According to Jed Morison, Superintendent, "It's a great conference with excellent speakers, good information and lots of fun for participants. And, we are fortunate that the conference is held right here in Franklin County."

For details on registration information, please call OSDA at 846-5400 ext. 209.

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## In memoriam Phil Mitchem

Phil Mitchem, Training Specialist at ARC Industries South, passed away on June 30th. He had been ill for several weeks.

Phil served FCBDD for a total of 14 years at the South workshop as well as in the Employment Services Division of Adult Services. He was a skilled trainer and strong advocate for the persons served.

Phil served on numerous in-house committees and was co-advisor of the ARC South Employee Council. He also served on the agency's ongoing Levy Committee.

According to Kurt Smith, Director of ARC Industries South, "We will surely miss his sense of humor and gentle spirit as well as his commitment to those he worked with."

Phil is survived by his wife Susan and their two children, Victoria and Sean.



## Legislative advocacy day set

All interested individuals, families and professionals are cordially invited to the 2010 Legislative Advocacy Day sponsored by the Ohio Developmental Disabilities Council, which will be held Tuesday, September 14th.

The event will begin with an opening ceremony in the Statehouse Atrium at 10:30 a.m. Guest speakers will be: Carolyn Knight, Executive Director, Ohio Developmental Disabilities Council; State Senator John Carey; State Representative Jay Goyal; and Dean Fadel, President of the Board of Trustees of the Ohio Association of County Boards, and Vice-President of the Franklin County Board of Developmental Disabilities.

Legislative visits will begin at 11:30 a.m.

For more information, please contact Carmen Shelton at [c\\_shelton@ameritech.net](mailto:c_shelton@ameritech.net) or at 740/ 505-8337.

## Central Ohio self-determination meeting set

The next meeting of the Central Ohio Self-Determination Association will be held Thursday, July 22nd, from 6 to 8 p.m. The location will be the Administration Building, 2879 Johnstown Rd.

The group just got started in January and has met three times thus far.

"We are seeking individuals with disabilities, family members and professionals to strengthen awareness in central Ohio," said Christine Brown.

If you have any questions, please call Christine at 372-5184 or at 342-5151 (Monday, Tuesday and Thursday from 7 a.m. to 2 p.m.).

## Roberta Lehman, Tom Stevens retiring



Two longtime FCBDD recreation specialists are closing out their careers this summer. The pair has combined service of 60 years with the agency.

Roberta Lehman retired on June 30th, and Tom Stevens will follow suit on July 31st.

They joined FCBDD in 1980 after completing field work as part of their studies at Ohio State. They were captivated by the participants' enthusiasm.

"They were there because they wanted to be there," Tom said.

In the early 1980s, the recreation staff were heavily involved in the Special Olympics. Roberta fondly recalled

directing gymnastics at the state games, while Tom directed the wrestling event.

They leave with particular pride in the department's reputation as "one of the best recreation departments in the state."

The reason for this success? "Our great relationship with parents," Tom explained. "Their support really made our department," added Roberta.

Reflecting on the pair's contribution to the agency, Superintendent Jed Morison commented. "Roberta and Tom each provided 30 years of outstanding service and leadership. They certainly will be missed."

Roberta is looking forward to having more free time for boating in Lake Erie with her husband, Gary, and stepson, Nick. She wants to continue reading mystery novels and cheering on the Buckeyes. She also hopes to hit the gym.

Tom plans to travel to the Georgian Bay in Canada, and spend more time with his significant other, Lori Toivola. He also will continue breeding Wheaton Terriers as well as complete some carpentry projects.

Both agree it will be nice having evenings off.

We join the FCBDD community in wishing Roberta and Tom the very best!

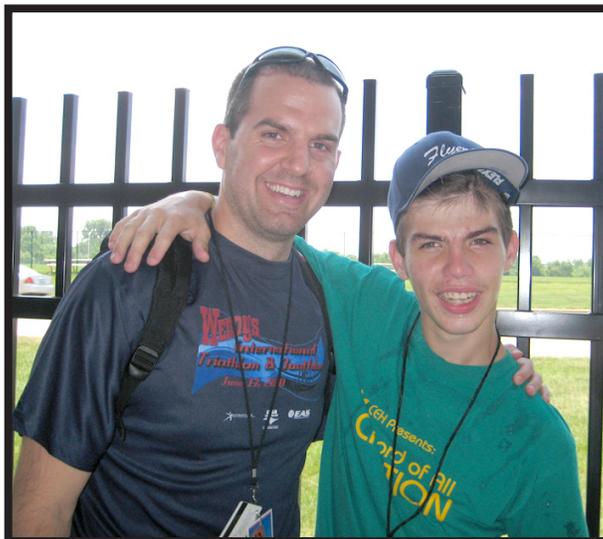
# Special Olympics summer games



Franklin County Flyers and coaches march into Jesse Owens Stadium during opening ceremonies.



The bocce team includes: Dan Chole, Brian Lambert, Carol Hickman, Debbie Davis, Ray Dillon, Kristina Byrd, Jason Black and Kim White. Photo by head bocce coach, Kristen Dohrman.



Coach Alan Beymer and athlete Colton Showalter in front of the gates to the stadium. Photo by coach Traci Nickels.

## My first Summer Games experience

by Karen Mobley

Summer Games. For a first year Special Olympics coach these two words evoked a feeling of excitement. However, that excitement was also peppered with apprehension. Every Thursday, from April to June, I spent an hour and a half with fellow coaches at the track and listened to what seemed to be tall tales of their past experiences at Summer Games. I thought surely this has to be an attempt by the veterans to send any first year coach into a panic, a little light hazing perhaps. But, I was more than surprised with what I actually experienced when I showed up to OSU for three days.

With 105 athletes in our care, I expected chaos. However I found that the chaos was actually well organized actions and tasks. Everything from breakfast to bed was scheduled and ran very smoothly. One of the most amazing parts was watching all of the coaches and volunteers, working in tandem, to ensure that not a single athlete missed his or her event, and had the best time possible.

I am so happy that I went and that I didn't allow any apprehension to overshadow my excitement. I will always cherish the memories of the athletes I worked with for months, standing on the podium with their medals, seeing them smile their biggest smiles, and most of all, how proud they were of themselves. These great memories make up for having a little less sleep as I was awakened in the middle of the night by a homesick athlete who needed a little extra reassurance. Additionally, I now have my own tall tale of sleepless nights to tell the next generation of volunteers.

*Karen Mobley is a second year Special Olympics coach who is a veteran of Track & Field, Softball Skills and Soccer. Karen is now also an alumna of the Summer Games experience, one that she will not soon forget. Franklin County took 142 athletes and coaches in their 2010 delegation, all of which took home significantly more than the medals around their necks.*

For more information on Franklin Co. Board of Developmental Disabilities Special Olympics program email Ryan Phillips at [ryan.phillips@fcbdd.org](mailto:ryan.phillips@fcbdd.org) or dial x5984.

# Special Olympics coaches try triathlon

by Ryan Phillips

Twelve coaches with FCBDD's Special Olympics coaches tried something different Sunday, June 13th. The coaches competed in the Wendy's Triathlon.

As if doing a 1/2 miles swim, 17 mile bike ride, and 3.1 mile run were not challenging enough, each coach raised money as well. The coaches started training in early March, and all were excited to get to competition day.

The day was overcast and not too humid, and the course was fast. Some posted faster than expected times. Randi Moldovan, Stef Sullivan and Mindy Noll combined for an all female relay team that took home first place in their division.

Congratulations also to coaches who competed in the full triathlon:

Ross Appledorn, Alan Beymer, Justin Buren, Jacob Howdyshell, Ryan Phillips, Michael Pierro, Julie Steineman, Monica Wangler, Lindsay West & Patrick West.



From left are: Jacob Howdyshell, Julie Steineman, Michael Pierro, Ryan Phillips, Patrick West, Lindsay West, Alan Beymer, Mindy Noll, Justin Buren, Ross Appledorn, Randi Moldovan and Stef Sullivan. Photo by Casey Phillips.

To become a fan visit <http://franklincountyflyers.blogspot.com/> or become a friend on Facebook by looking up Franklin

County Special Olympics. To volunteer or coach, contact Ryan at [ryan.phillips@fcbdd.org](mailto:ryan.phillips@fcbdd.org).

## Fore Hope!

Fore Hope will provide therapeutic golf sessions that focus on physical, social, emotional and cognitive needs throughout the autism spectrum.

The program staff includes experienced golf professionals in the field of adaptive golf, alongside a recreation therapist and volunteers. Family members are encouraged to participate.

Fore Hope is one of the first programs to provide a therapeutic approach through golf. Golf is a great instrument for increasing mobility, endurance and concentration.

The organization provides services to persons of all ages. Fore Hope is supported in part by The Memorial Tournament/PGA Tour and The United States Golf Association.

For further information, please visit [www.forehope.org](http://www.forehope.org) or contact 784-1111.

## ARC South celebrates international day

by Debbie Sorrell

ARC Industries South staff and participants were treated to a taste of exotic locales and different cultures recently. Five of the training rooms adopted a country and showcased a bit of the culture and cuisine.

Recycled cardboard and paint became the inside of a pyramid of Egypt or the outside of an old Irish castle. Staff and participants donned clothing of Egypt and sipped on homemade hibiscus tea, a popular beverage in that country.

Puerto Rico was represented by tropical decor including tree frogs. A dish of Pernil (roasted pork, red beans, rice) and grilled plantains gave each visitor a sample of food that is eaten in Puerto Rico.



From left are Debbie Sokolik and Francine Steward.

"Dublin Coddle" (bacon, sausage, potatoes, onion) greeted people visiting Ireland.

A Greek movie and Mexican music completed the ambience for presentations from Greece and Mexico.

# New opportunities in recreation planned

by Jack Brownley

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After a year of review and program planning, FCBDD's Recreation Department will unveil several new program options designed to increase participation in recreation activities as well as the variety of program options available.

Among the opportunities planned for implementation in September will be collaboration with other programs in central Ohio that support persons with developmental disabilities such as ADD Community Connections, Council for Retarded Citizens and OSU Nisonger Center. Plans include creating a centralized "one stop shopping" website listing all available programs, a calendar

of events, registration procedures, and other linkages to help individuals and families access community services in the arts, recreation, sports, leisure and outdoor activities.

Similar to the ADD-Community Connections model, FCBDD will build alliances with community agencies such as YMCA, arts groups, libraries, local recreation departments, universities, senior centers and other resources close to where people live and work.

Most popular recreation activities will continue including Friday night dances at West Central School, bowling on Saturdays, and special trips to games and community events.

New opportunities will be scheduled to appeal to varied interests and hobbies, and offered at various times of the day, week, and weekends, in order to be more available to individuals with work or other restrictions that may have prevented participation in the past. The menu of activities, courses, and events will change from season to season to match opportunities offered throughout the community.

Exciting and new opportunities are on the way. Stay tuned for more details in the coming months. Suggestions are always welcome.

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## CARF surveyors to arrive in September

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A team of surveyors from the Commission on Accreditation of Rehabilitation Facilities (CARF) will visit FCBDD's adult programs from September 22nd through 24th to evaluate how well the agency's services measure up.

Ian McLaughlin, Cindy Dyer and Timothy Landis will spend three full days at FCBDD. They plan to tour the four ARC Industries workshops,

the Bixby and Hague Living Skills facilities, Employment Services and Administration.

They will also conduct extensive interviews of consumers, families, staff, board members and other stakeholders.

If the surveyors determine that FCBDD's services meet CARF's standards, the agency will be accredited for a fixed period of time.

Adult Services Director John Mitchem oversees the agency's survey preparation. He explained the reason for seeking accreditation.

"Having a CARF certificate is a great way to demonstrate that we are committed to providing the best possible services."

Founded in 1966, CARF is a private, nonprofit organization that accredits human service providers.

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## The green spot

by Jaime Graham

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As Kermit the Frog says, "It's not easy being green." However, in the case of ARC Industries South, with time and practice, it is getting easier and more fun.

As part of the commitments made for the "Green Spot" in the city of Columbus, ARC Industries South is recording the total poundage of recyclables collected each month. From January through May, ARC

Industries South has recycled 22,260 pounds of baled cardboard and 3,375 pounds of recyclable materials, including aluminum, plastic, paper, glass and stretch wrap.

In addition, participants at ARC Industries South have been learning about reducing, reusing and recycling during facility plant meetings and as part of group activity lesson plans. Participants are finding new purposes

for old items, and creating art from recycled materials as well.

A Certificate of Recognition has also been created for participants who are supporting South's green efforts by recycling their own items and encouraging their peers to help.

"Reduce, reuse and recycle" continue to become household words at ARC Industries South!

# Good For You

## Notable Achievements in the FCBDD community

**Mark Tassé**, Director of the **Nisonger Center** has been elected to a four-year leadership term with the American Association on Intellectual and Developmental Disabilities. He is currently serving as Vice-President, which will be followed each subsequent year as President-elect, President and Past President. The association is the world's largest and oldest professional organization in the field of intellectual and developmental disabilities.

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**Creative Housing** has been selected to receive a grant from the U.S. Department of Housing and Urban Development in the amount of \$977,800. The funds are earmarked to build apartments in the Buckeye Parkway area in Grove City. This marks the sixth year in a row that

Creative has received funds from the highly competitive Supportive Housing for Persons with Disabilities program (HUD 811).

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Congratulations to the following FCBDD staff members on receiving John J. Siebold scholarships: **Stacie Black**, Service Coordinator; **Jeannie Brown**, Instructor Assistant at West Central School; **Andrea Drewyor**, Adapted Physical Education Instructor at West Central School; **Kelly Good**, Teacher Assistant at Early Childhood Education Center; **Patrick Keenist**, Behavior Support Specialist at ARC Industries East; and **Lucinda Mires-Peebles**, Program Manager for Employment Services Department.

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**Recreation participants** had a great time on May 26th on a visit to Cedar Point. After enjoying the rides, the group went to dinner at Friday's. A special thanks goes to **Mike Butchko**, **Roberta Lehman** and **Tom Stevens** for coordinating the outing.

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**Zach Pierce**, who works at Meijer's at 100 Polaris Parkway, has received recognition for giving "remarkable service" from Chairman Fred Meijer and Co-chairman Doug Meijer. The supermarket chain's top brass had heard about Zach from a satisfied customer who wrote to tell about the great help he provided finding an item in the giant store.

*Zach and his team leader Samantha.*

## Career Milestones

### 25 years

- Sharon Bush
- Gloria Church
- Patricia Depassio
- Cynthia Franklin
- Douglas Johnson

### 20 years

- Paula Balcarcel
- Edward Crevelton
- Mary Ann Ebner
- Carol Elvin
- Eugenia Ray
- Shanon Roesse
- Judy Snedaker

### 15 years

- Elizabeth Aponte
- Connie Davis
- Carolyn Rowland

### 10 years

- Julie Barnard
- Catherine Berner
- Michael Crabtree
- Latoshia Eiland
- Debbie Finley
- Jack Karner
- Julie Manyo
- Mary Beth Poe
- Monica Powell
- Deborah Salter
- Susan Schraff
- Christine Weaver

### 5 years

- Mohamed Bah
- Phyllis Berman
- Robert Bragg
- Stefania Celli
- Christina Conrad
- Rosetta Cousar
- Dudley Hadden, III
- Kelly Harper
- Joanne Jones
- William Motley
- Jamie Savage
- John Shephard
- Elizabeth Stephens
- Melissa Wilson

# ARC West mural celebrates ADA



ARC Industries West has received great news -- a mural created by a group of artists there has been accepted for inclusion in a 6 x 30 feet mural being assembled by VSA Ohio celebrating the 20th anniversary of the American with Disabilities Act. The mural will be unveiled on the West Lawn of the Statehouse on July 26th. Congratulations to artists **Stephanie, Troy, Anthony, Heath, Lizzie, Shawanda** and **Rex!**

## Dateline

The Franklin County Board of Developmental Disabilities

Helen Ninos  
Dean Fadel  
Lito Ramirez  
Leah Reibel  
Renee Stein  
Jean Williams

Superintendent Jed W. Morison

**The Franklin County Board of Developmental Disabilities does not discriminate in employment or services on the basis of race, color, creed, sex, national origin, or handicap.**

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Information about the Franklin County Board of Developmental Disabilities is always available on the internet at:

[www.fcbdd.org](http://www.fcbdd.org)

# Calendar

## July, 2010

- 5 Independence Day observed - all county facilities closed.
- 14 Project Stir, Goodwill Columbus, 1331 Edgehill Road, 5 p.m.
- 21 Family Support (formerly Parent League) meeting, 2879 Johnstown Rd., 9:30 a.m. Meeting is open to all family members.
- 22 FCBDD Finance and Human Resources Committees meeting, 2879 Johnstown Rd., 4 p.m.
- 22 FCBDD Board meeting, 2879 Johnstown Rd., 5 p.m.
- 22 Central Ohio Self-Determination Association, 2879 Johnstown Rd., 6 p.m.
- 26 ARC Industries Board of Trustees meeting, Fawcett Center, 11:30 a.m.
- 29 ECE and School-age Summer Center programs end.

## August, 2010

- 6 Staff Development Day for Adult Services and Transportation staff. All adult facilities closed.
- 10 Franklin County Residential Services Board of Trustees meeting, 1021 Checkrein Ave., 11 a.m.
- 11 Project Stir, Goodwill Columbus, 1331 Edgehill Road, 5 p.m.
- 23 ARC Industries Board of Trustees meeting, Fawcett Center, 11:30 a.m.
- 23,24 School Staff Preparation/ Development Day.
- 25 First day of classes, Northeast and West Central Schools.
- 30 First day of classes, ECE - please consult program schedule.

## “Quotable quotes”

"I am looking for a lot of men who have an infinite capacity to not know what can't be done."

- Henry Ford