

Published by the Franklin County Board of Mental Retardation and Developmental Disabilities

Star award winners named

FCBMRDD's Community Star Awards Committee has announced the winners of the 2006 awards. The awards honor those who, through extraordinary work and dedication, have supported the agency's mission.

The award winners and categories are:

Curt Wellman, Adult Participant; James Fann, Child Participant; Terrie Able, Volunteer; Gwen Martin, Adult Services Staff; Rhonda Miller, School Staff; Association for the Developmentally Disabled, (R. William Gibson), Provider Organization, Delois Simpson, Residential Staff.

Donald Wire, Parent/ Family Member; Mary Morris, Transportation Staff; Debby Koons, Early Childhood Staff; Jane Jarboe, Management/ Supervisory Staff; Karen Wade Laub, Support Services/ Other Staff; Rebecca England, Service Coordination Staff; Ohio Building Authority, (Mark Gibson and Mark Haberman), Employer.

The awards will be presented at a banquet on Wednesday evening, November 1st, at Villa Milano, 1630 Schrock Road. The event will include a social hour, dinner and entertainment. Over 600 guests are expected.

Reservations are now being accepted. A form for this purpose is enclosed in this issue of Dateline. For details, please call Linda Rockwell at 342-5950.

Darrel Rutherford to retire Sep. 30___

ARC Industries Chief Executive Officer Darrel Rutherford, who has directed FCBMRDD's adult services since 1988, will retire at the end of September.

Key accomplishments during his 18-year tenure include continued expansion of service options to meet the wide range of needs of adult clients.

For example, work enclaves were developed to allow capable individuals the opportunity to be employed at various private sites. Also, career camp and transition counseling were started to assist those seeking entry into the job market. A second living skills center, Hague, was added to meet increased demand for these services.

Assistive technology was upgraded throughout the adult services area.

The introduction of Sunapple art products brought national acclaim to both ARC and FCBMRDD.

"It's been an exciting and challenging time," Darrel commented. "I've found myself in the midst of people full of creativity and ready to take initiative."

According to Superintendent Jed Morison, "Our adult services have come a long way in the past 18 years. Darrel has had a significant impact and he certainly will be missed."

Prior to joining the agency, Darrel worked in a similar capacity for the Lucas County Board of MRDD. His professional background includes extensive work in habilitation and devel-



opmental disabilities in Ohio, Texas and Alabama.

A coal miner's son, he spent his early childhood in Strangtown, Virginia, a small town that was actually owned

"Darrel Rutherford", from p. 1

by the local coal company.

As a way up, Darrel pursued education, earning a B.A. from Morehead State, an M.S. from St. Francis (Indiana), and a Ph.D. from Texas Tech.

As to his future plans, Darrel is keeping mum, other than expressing the intention "to relax for a while."

Oh behalf of the FCBMRDD community, we wish him the very best in his well-deserved retirement.

Families to hear Mel Rhoads

Mel Rhoads, Director of ADD's Community Connections program, will speak at a meeting of Families United on Thursday evening, September 14th. The meeting will be at 7 p.m. in Overbrook Presbyterian Church, 4131 N. High Street, Columbus.

Community Connections provides adults with therapeutic recreation including life skills and socialization, and explores new activities and experiences for participants.

The public is invited to attend.

Managing for success

Education: a team effort _____ by Jack BrownleyFCBMRDD Director of Schools



It can't be done alone! No one person can be responsible for ensuring the successful delivery of educational programs for children with special needs. In order to accomplish the full range of goals designed for each student, a team effort among many individuals from various specialty professions is required.

Every child is unique. Our current federal and state laws require educational programs for children with special needs to be designed to meet those individual needs. In every stage

of development and implementation of the education program the concept of "team" is prominent.

A team of evaluators is initially responsible for collecting information, conducting assessments, and producing reports that lead to the conclusion that a child has a disability and is eligible to receive special education services.

A team of individuals, including parents, is then responsible for analyzing the evaluation information and determining the educational services and instructional goals that are appropriate for each child. An "Individualized Education Program" or "IEP" is written to document the program that is to be provided. Some of the data used to report for Managing for Results comes from the periodic progress reports generated for each child, referencing progress they are making in accomplishing the goals of the IEP. At least annually the team reviews progress and makes adjustments in goals or strategies or services to ensure continued progress.

Classroom teams of instructors, assistants, and specialists develop instructional strategies designed to meet individual goals. Many people are responsible for parts of the strategy and must collaborate in the planning of and

coordinated delivery of those instructional activities. Regular ongoing assessment is conducted by a variety of team members to document success in achievement of goals. Adjustments are made based on an analysis of objective data that is collected daily and reviewed weekly. Often the team is expanded to include behavior specialists and transportation staff to coordinate their area of contact with the child. Parents, family physicians, and community employment sources are consulted to offer insights into successful practices for each child.

When students approach their senior level of schooling and are ready to transition to adult service options, other teams become involved in the development of transition plans and the evaluation of appropriate adult options. Service coordinators, residential specialists, vocational and habilitation specialists all contribute with the family and school teams to facilitate the successful transition from school-age programs to adult services.

It can't be done alone. Good teams work best when there is a willingness to cooperate and coordinate efforts toward common goals for the child.

If it takes a village to raise a child, then it takes a team to educate a child.

Volunteers help convert home



Have you looked up the meaning of the word "creative" lately? The first definition is "having the power and ability to create" and that certainly fits the people at Creative Housing, Inc.

The folks at the not-for-profit housing corporation joined with the American Institute of Architects, and some FCBMRDD staff to help convert the home donated by Ted and Jean Williams into two, separate apartments.

One apartment will be for Ted and Jean, and the other one for their autistic son, Tom and two more residents served by FCBMRDD.

Over forty volunteers held a "barn-raising" (after all, it is a garage they were framing) on the weekend of June 21st -22nd. They accomplished that and much more by the time the two days were over.

When the dust settled, Ted and Jean were more than grateful for all the hard work and looked forward to leasing their apartment from Creative Housing so they can be near but not with their son, and still be family.

Special Olympics special smiles

by Tamera McIntyre of the Nisonger Center Dental Program

Approximately 2,700 athletes from all around Ohio participated in the state's Special Olympics games at the OSU campus on June 24th. A health fair featuring the Special Smiles program was held at the Recreation and Physical Activity Center south of Ohio Stadium. Special smiles offered the athletes dental screenings along with dental supplies. The intent of the screenings was to assess oral health status, make recommendations for follow-up care, and collect data on oral health which can be used to impact policy.

Many volunteers were present to help with the screenings including dentists, dental hygienists, dental assistants, dental students, dental hygiene students and pharmacy students. Among the volunteers was a dentist from Toledo and dental students from Case Western Dental School in Cleveland. Active supporters of Special

Smiles are the Grottoes of North America which provided outside photo opportunities of the athletes on motorcycles. In addition, members of the Grottoes provided information on the dental program available through the Humanitarian Foundation.

The screenings performed at the Special Smiles provide data regarding the oral health status of people with disabilities.

Anyone interested in volunteering for next year's Special Olympics Special Smiles to take place in Columbus June 23rd is asked to call Dr. Ed Sterling or Tammy McIntyre at the Nisonger Center Dental Program at 292-3160 for more information. All volunteers are welcome. You need not be a dental professional to participate.

OSDA conference set

The Ohio Self-Determination Association will hold its Fall Conference at the University Plaza hotel near the OSU campus on September 18th-19th.

The conference will feature artistic creations by persons with disabilities, and several speakers. For more information, please call 740-965-9822 or visit www.ohiosda.org.

Step up to nutrition ... health

Food Safety by Bernie Thurn -

It must have been the potato salad. Oh, I just had a 24 hour bug! Did you hear about the hamburger recall? I ate at that restaurant once, but got sick later that night.

Food safety is nothing to take lightly. Food poisoning is the result of foods not being correctly handled. It affects as many as 7 million Americans each year. For most healthy people, it causes the discomfort of nausea, vomiting, diarrhea, and possibly fever. For others, it can be fatal.

Foodborne illnesses are caused by microorganisms that are everywhere. They can be difficult to get rid of, but their spread can be controlled by careful food handling. Under the right conditions, one single bacteria can become one million in 4 hours. Bacteria need warmth (40 degrees to 140 degrees), moisture, food and time to grow best

To avoid food poisoning, you need to practice the **4C**s:

Clean

Wash your hands before touching any food. Start with clean work surfaces and equipment. Wash all fresh fruits ... vegetables before cutting, eating and cooking. Wash cutting boards and knives with soap and hot water after using, especially following meats, poultry and fish.

Cold

Store foods below 40 degrees. Thaw meats in the refrigerator or under running cold water. Never set out on the counter. Put leftovers into the refrigerator right after the meal is done. Do not cool down at room temperature. Break large batches of hot foods into smaller containers to cool faster in the refrigerator.

Cook

Make sure that meats, particularly ground meats, are cooked completely. Reheat leftovers to 65 degrees to be sure that bacteria are killed.

Cover

Cover all foods before storing them to make sure that they don't come in contact with other items. Raw meats should be stored lower in the refrigerator, on a large plate of tray, to make sure that they do not drip on other items. Date foods to be sure that left-overs are used within 3 days.

Practicing all of these food handling rules will keep you and your family healthy. It is best to choose to do them all.

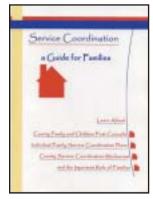
(Note: The author is a registered dietician.)

Did you know?

The Ohio Legal Rights Service has produced two booklets to assist persons with disabilities and their families in understanding their rights.

They are Service Coordination, a Guide for Families, and Children's Rights: The Rights of Children and Their Families Who Need or are Receiving Community Services.

To obtain the booklets, please call the Ohio Legal Rights Service at 466-7264 or visit http:// olrs.ohio.gov.





Heinzerling to hold Zoo Walk

The Heinzerling Foundation will hold its 2nd annual Animal Zoo Walk at the Columbus Zoo on Sunday, October 1st from 5:30 to 8 p.m.

Proceeds from the event will benefit residents by providing such necessary equipment as customized beds, wheelchairs, specialized eating utensils, electronic communication devices and adaptive toys.

The noncompetitive Zoo Walk will include a 3/4 mile course for leisurely walkers and an exotic animal show.

The public is invited. For more details, please call 272-8888 or visit www.heinzerling.org.

School study council moves

The School Study Council of Ohio has a new headquarters located at 2080 Citygate Drive, Columbus 43219. The telephone number is 785-1163.

Notable Achievements in the FCBMR/DD Community

Staff of FCBMRDD's Transportation Department got good news last month from the State Highway Patrol. The entire bus fleet passed state inspections. Congratulations to the mechanics, drivers and other staff who help maintain the buses.

At its meeting on July 27th, the FCBMRDD board recognized Special Olympian **Eddie Robinson**, who won six medals in the national games at Ames, lowa. The board also honored **Dee Hively** for her work in coordinating the county's Special Olympics program.

Volunteers from the **Cat Welfare Association** have been making weekly visits to ARC Industries North to allow employees there to spend time with cats. Each employee spends a few minutes with the cat of his or her choice, holding it or petting the cat held by a volunteer.

Jennifer Petrosky, ARC East employee, appears in a public service announcement with her dad Phil and Ohio Department of Health Director, J. Nick Baird, to help prevent Fetal Alcohol Spectrum Disorders (FASD). The announcement is aired on WBNS TV and the Ohio News Network (ONN).



Kevin True, known as "Little E" in the entertainment industry, will perform his Elvis act at First Community Village on September 4th. Kevin has been an employee at ARC Industries West since 1990.

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David Dawson of the Transportation Department enjoyed great success in the Senior Olympics this summer. At the track and field competition at Ohio State, he took gold medals in the shot put, discus and 100-meter dash. At the swimming finals held at Youngstown State, he won medals in backstroke (silver), freestyle (bronze) and breastroke (gold).

35 years

Michael Davis Pamela Recko

30 years

Mary Arthur Wanda Dworkin Deborah Koons Gwendolyn Martin

25 years

Jeannie Brown Homer Green Sheryl Hickman Lynn Watkins

15 years

Valerie Bowen Mariann Brush Constance Chappelear Laura Gambill Gregory Sorenson Tregenia Walters

10 years

Nina Lechleiter Joseph Regan

5 years

Kimberly Ardit
Catherine Bradshaw
Christopher Cooper
Suzanne Gates
Suzanne Jefferson
Anita Milano-Gay
Marianne Patronite
Dena Saylor
Brian Turley
Johnnie Williams

ARC sponsors cookbook sale

A cookbook containing 400 recipes is now being offered for sale by ARC Industries. Quantity discounts are available.

Proceeds from this sale will help future levy campaigns.

For more information, please call Trish Potenza, ARC Sales Department, at 342-5749.

Come one, come all to Buddy Walk

The 2006 Buddy Walk will take place on Sunday, October 1st at Franklin Park on East Broad Street. The 1-mile walk will begin at 11 a.m.

The Buddy Walk is sponsored by the Down Syndrome Association of Central Ohio (DSACO) in order to promote acceptance and inclusion of persons with Down syndrome. DSACO hopes to raise \$150,000 through the walk this year.

After the walk, a wide range of entertainment will be available, including live music with Arnett Howard, zoo animals, clowns, balloon artists and face-painting.

"This is a wonderful way to spread the word that individuals with Down syndrome are able and active participants in our community," said Superintendent Jed Morison.

For more information regarding the Buddy Walk, please contact DSACO at 342-5757.



Special Olympics offers parking

The Special Olympics department of the Franklin County Board of MRDD will once again host parking for home OSU football games.

You can park at ARC Industries West. 250 W. Dodridge, for only \$10.00. All lot workers are volunteers so 100% of the proceeds go to support our Special Olympics program. Season passes are also available for \$70.00. This pass holds your parking spot until game

Contact Dee Hively at 342-5984 for further questions or direc-

Dateline

The Franklin County Board of Mental Retardation and Developmental Disabilities

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Superintendent Jed W. Morison

FCBMRDD does not discriminate in employment or services on the basis of race, color, creed, sex, national origin or handicap.

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Calendar

September, 2006

- 4 Labor Day (all county facilities closed).
- 12 FCRS Board of Trustees meeting
- 20 Parent League meeting, 2879 Johnstown Rd., 9:30 a.m.
- 20 FCBMRDD Human Resources Committee meeting, 2879 Johnstown Rd., 4:30 p.m.
- 21 FCBMRDD Finance Committee meeting, 2879 Johnstown Rd., 3 p.m.
- 21 FCBMRDD Board meeting, 2879 Johnstown Rd., 5 p.m.

"Quotable Quote"

"Failure is the condiment that gives success its flavor."

- - Truman Capote